



SHOP 2, SOUTHGATE FORUM, 2 McDERMOTT AVE, WANDINA

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99655999

MASSAGE THERAPIES - Relax & unwind in our tranquil massage room. All massage includes hot towels, essential oils, relaxation music & refreshments.

Hot Stone Massage

Hot Stone Massage uses authentic basalt stones & is popular worldwide for its therapeutic & healing effects. This luxurious massage is beneficial for soothing & healing sore, aching muscles, resulting in detoxification & a renewed sense of balance. A great alternative for clients wanting deep tissue massage, without the discomfort.

HOT STONE UPPER BODY MASSAGE	60 Min	\$80
HOT STONE BACK HALF BODY MASSAGE	75 Min	\$90
HOT STONE FULL BODY MASSAGE	90 Min	\$100
DELUXE HOT STONE BODY MASSAGE	105 Min	\$110

Full Body Massage

This holistic, nurturing massage treats the whole body from head to toe. A combination of techniques is used including Swedish massage, Balinese massage, Reflexology, Aromatherapy & Reiki. Beneficial for releasing stress & tension, reducing muscular aches & pains, improving energy levels & circulation and promoting wellness.

75 min \$88

Therapeutic Upper Body Massage

For clients who prefer a deep therapeutic massage. Extra attention is given to relieve tension in sore or tight muscles. Using a combination of techniques including Sports massage, Swedish massage, Balinese massage, Aromatherapy & Reiki.

45 Min \$62

Therapeutic Back Half Body Massage

This is our most popular massage. Combines a Therapeutic Upper Body Massage & incorporates the back of the legs also.

60 Min \$78

Massage for Relaxation

Gentle relaxation & massage techniques are used in this calming massage to soothe the body & the mind. Back Upper Body \$58, Back Half Body \$70, Full Body \$80

Hawaiian Kahuna Massage....coming soon

A blissfull & holistic massage using long flowing movements. Differing from other massages it not only works on a physical level but on a mental & spiritual level as well, to balance the body and mind.

Face Neck & Shoulder Massage

A relaxing massage to relieve mental stress & tension, & relieve headaches. Massage includes the muscles in the face, neck and shoulders & pressure points in the face & scalp. Using Jurlique's Facial oils and hot towels. 35 Min \$45

Face & Feet Massage

Combines the above Face, Neck and Shoulder Massage with a soothing foot massage. Feel stress and tension disappear. 45 Min \$55

NATURAL THERAPIES

Indian Champissage (Indian Head Massage)

Qualified Champissage Practitioner performs a seated massage focusing on the shoulders, neck, scalp, face & ears. Enjoy the many health benefits this traditional massage has to offer. Some of the benefits include relief from insomnia & mental tiredness, increased relaxation, loosening of the muscles in the neck, shoulders & scalp, release of anxiety, clearer thinking, balancing of chakra energy. 40 Min \$58

Reflexology

A natural healing therapy treating & rebalancing the whole body, through a pressure massage applied to the feet. Aids the body's natural ability to heal & rebalance. Includes a foot spa & hot towels. 55 Min \$65

Reiki

Reiki is a gentle, holistic "hands on healing" technique which results in a deep sense of relaxation & an overall sense of wellbeing. Rebalancing & calming for body, mind & spirit. Reiki is complimentary to other treatments & therapies. For best results it is recommended to have course of 3 treatments.

55 Min \$55

Ear Candling

Using natural ear candles this relaxing therapy improves hearing, regulates ear pressure, helps with many problems relating to the ears such as swimmers ear, tinnitus etc.

40 Min \$50

BODY TREATMENTS

Jurlique Citrus Herbal Hot Oil Body Wrap

Be pampered & indulge with a luxurious body wrap. Skin is polished then warm body oil is applied in this Jurlique specialty wrap. Includes scalp massage. 60 Min

\$85

Jurlique Remineralising Mud Wrap

Dead Sea Mineral Mud is richest in minerals and works to relieve muscular aches & pains, & improve cell metabolism. It also contributes to regeneration & restoration of skin. Includes scalp massage.

60 Min \$90

Antioxidant & Detoxifying Body Mask

This deep cleansing body mask hydrates your skin with antioxidants leaving you feeling energised & velvety smooth.

60 Min \$90

Jurlique Antioxidant Body Polish

Removes dead skin cells & releases toxins from the body by combining body brushing & exfoliation. Finished with a shower & Jurlique body lotion, to leave your skin velvety soft & radiant.

50 Min \$60

Jurlique Citrus Salt Glow

This invigorating & uplifting treatment is a gentle exfoliation using lemon/lime essential oils with sea salts. Helps with removal of toxins & leaves cells stimulated and glowing.

50 Min \$60

PACKAGES

Healing Package

Relax & let your body & mind rebalance. Includes an Herbal Tea, Foot Spa, 1/2 hr Reflexology and 1/2 hr Reiki. Feel stress & tension just disappear.

75 Min \$70

Wellness Therapy for Mind Body & Spirit

Take time out to soothe & heal mind, body & spirit. Unwind with a relaxing Epsom Salts Foot Spa & an herbal tea. Followed by a Guided Meditation to quieten the mind. 1/2 hr Reflexology treatment follows to rebalance the body, with 1/2 hr Reiki and Crystal Therapy, for calming the spirit.

85 Min \$85

Beauty Blitz

Enjoy a Jurlique Mini Facial, Lash Tint, Brow Tint or wax, & Mini Pedicure. For head to toe pampering!

\$115

Pamper Package

Pamper yourself with a Back Massage, Jurlique Mini Facial, and Mini Pedicure & Mini Manicure \$175

Relaxation Package

Includes relaxing Back Massage, Jurlique Facial, & Spa Pedicure. For total relaxation! \$185

De-stress and Detox Package

Begin with your choice of Body Wrap to release toxins & Jurlique Wrap Facial. Followed with a shower, & a relaxing Full Body Massage to totally de-stress. \$200

Indulgence Package

Indulge for hours with this treatment combining a Jurlique Body Polish, Hot Stone Massage & Jurlique Facial. \$225

WAXING

Eye Brow wax & shape	\$14
Lip or chin	\$10
Lip & brow tidy	\$22
Lip & chin	\$17
Lip, Chin & Brow	\$25
Full Face	\$26
Under Arm	\$14
$\frac{1}{2}$ arm	\$18
Full arm	\$26
Bikini from	\$18
Extended Bikini from	\$22
G-string from	\$27
Brazilian 1st time	\$67
Brazilian maintenance	\$53
Lower $\frac{1}{2}$ leg	\$25
Upper $\frac{1}{2}$ leg	\$27
$\frac{3}{4}$ leg	\$30
Full leg	\$38

School students discount ~10% off waxing prices

Men's Waxing

Back	\$36
Chest	\$36

TINTING

Eye Lash	\$16
Eye Brow	\$10
Lash & Brow tint	\$24
Lash /Brow tint, Brow wax	\$32

Ocean Ridge Beauty proudly uses ZOYA nail polish range for our Pedicures and Manicures. These products are free from harmful chemicals & safe during pregnancy.

MANICURES

Mini Manicure

Includes nail & cuticle care, shape & polish \$32

Manicure

Includes soak, nail & cuticle care, shape, buff, lower arm exfoliation, massage hot towels, polish of your choice \$42

Paraffin Manicure

Includes Manicure as above with a warm Paraffin Treatment mask to soften hands and eliminate dry skin \$45

Deluxe Manicure

Pamper your hands with a manicure plus hand and nail mask & hot towels, to leave your hands & arms looking & feeling soft & hydrated. \$52

French polish extra \$ 5

PEDICURES - using Adam & Eve Botanical Pedicure System...from the Garden of Eden.

Please ensure all polish is removed prior to your appointment

Mini Pedicure Includes a foot spa, cuticle & nail care, removal of dead skin, & paint. \$45

Spa Pedicure -All pedicures below include Green Tea

As above with extra- relaxing leg & foot massage, aromatherapy oils, & hot towels. \$57

Paraffin Spa Pedicure

All of the benefits of a Spa pedicure followed by a warm Paraffin wax treatment to soften feet & eliminate dead, dry skin. \$65

Spa Pedicure with Reflexology & Reiki

As above with extra Reflexology massage & Reiki ~ to heal & rebalance body, mind, spirit. \$67

SPRAY TANNING

Natural Tan... spray on tan

Natural Tan solution offers an even colour tan & the benefits of added collagen for hydrating and firming the skin

Full body tan \$37..... Pay for 6 sessions \$180

Tanning Package

Includes Jurlique body exfoliation, shower & spray tan. For best results relax & let us do all the work.

\$80

MAKE-UP

We use M.A.C Professional Makeup Range

School Ball \$40

Special Occasion	\$55
Tuition learn how to confidently apply your own make up	\$65
Wedding ..includes consultation	\$60
Trial	\$50

Wedding Package

Especially for the bride ~ the week before the wedding. Let us help you look & feel your best for your special day ~ with an Eye Lash tint, Eye Brow wax or Tint, Mini Facial, Back Neck & Shoulder Massage, Manicure & Spa Pedicure. \$210

JURLIQUE FACIAL TREATMENTS

All Facial Treatments include a complementary hand massage with Jurlique hand creams...lavender, rose or citrus. All facials (Except mini facials)include relaxing face, neck & shoulder massage, & hot towels.

Facial special... Add to your Facial Treatment a Lash/Brow Tint and Brow wax for only \$25 extra

Mini Facial

Express facial treatment to target your skin's needs 50 Min \$68

Soothing Facial

Rebalance Sensitivity....A gentle & luxurious facial designed to soothe & nurture sensitive & delicate skin 75 Min \$83

Deep Cleanse Facial

Rebalance Oiliness....Detoxifying & clarifying for oily and troubled skins. Leaves the skin with a radiant glow 75 Min \$83

Aromatherapy Facial

For normal/combo skins. To relax, cleanse & rehydrate the skin. Provides holistic benefits essential for radiant healthy skin 75 Min \$83

Intense recovery Facial

Recommended for sun damaged & mature skins. Rich in Jurlique's antioxidants & essential oils, to fight free radicals & leave the skin looking soft, supple & glowing. 75 Min \$83

Ultimate Aromatherapy Facial

The Ultimate Facial experience including double mask & hand & foot massages... for those who never want their facial to end. 105 Min \$110

Cancellations Please Note: We require 24 hrs notice when cancelling. If we are unable to rebook the appointment time due to late cancellations & missed appointments we may need to charge a 50% cancellation fee. Thanks for your consideration of our valuable appointment time.