



SHOP 2, SOUTHGATE FORUM, 2 McDERMOTT AVE, WANDINA

www.oceanridgebeauty.com.au

oceanridgebeauty@westnet.com.au

Find us on Face Book - Ocean Ridge Beauty and Inner Health... Check out our reduced Face Book only specials

99655999

MASSAGE THERAPIES - Relax & unwind in our tranquil massage room. All massage includes hot towels, essential oils, relaxation music & refreshments.

Hot Stone Massage

Hot Stone Massage uses authentic basalt stones & is popular worldwide for its therapeutic & healing effects. This luxurious massage is beneficial for soothing & healing sore, aching muscles, resulting in detoxification & a renewed sense of balance. A great alternative for clients wanting a deep tissue massage- without the discomfort.

HOT STONE UPPER BODY MASSAGE	60 Min	\$85
HOT STONE BACK HALF BODY MASSAGE	75 Min	\$95
HOT STONE FULL BODY MASSAGE	90 Min	\$110
DELUXE HOT STONE BODY MASSAGE	105 Min	\$120

Therapeutic Full Body Massage

This holistic, nurturing massage treats the whole body from head to toe. Using a combination of techniques including Sports Massage, Swedish massage, Balinese massage, Reflexology, Aromatherapy & Reiki. Beneficial for releasing stress & tension, reducing muscular aches & pains, improving energy levels & circulation & promoting wellness. 90 min \$95

Therapeutic Upper Body Massage

For clients who prefer a deep therapeutic massage. Extra attention is given to relieve tension in sore or tight muscles. Using a combination of techniques including Sports massage, Swedish massage, Balinese massage, Aromatherapy & Reiki. 45 Min \$65

Therapeutic Back Half Body Massage

This is our most popular massage. Combines a Therapeutic Upper Body Massage & incorporates the back of the legs also. 60 Min \$80

Massage for Relaxation

Gentle relaxation & massage techniques are used in this calming massage to soothe and rejuvenate the body & the mind.

Back Upper Body \$60 Back Half Body \$73, Full Body 75min \$85

Hawaiian Kahuna Massage

An holistic massage using long flowing movements. Differing from other massages -it not only works on a physical level but on a mental & spiritual level as well, to balance the body & mind. \$75

Face Neck & Shoulder Massage

A relaxing massage to relieve mental stress & tension, & also relieve headaches. Massage includes the muscles in the face, neck & shoulders & pressure points in the face & scalp. Using Jurlique's Facial oils & hot towels. 40 Min \$50

Face & Feet Massage

Combines the above Face, Neck and Shoulder Massage with a soothing foot massage. Feel stress and tension disappear. 50 Min \$60

NATURAL THERAPIES

Indian Champissage (Indian Head Massage)

Qualified Champissage Practitioner performs a seated massage focusing on the shoulders, neck, scalp, face & ears. Enjoy the many health benefits this traditional massage has to offer. Some of the benefits include relief from insomnia & mental tiredness, increased relaxation, loosening of the muscles in the neck, shoulders & scalp, release of anxiety, clearer thinking, balancing of chakra energy. 40 Min \$60

Reflexology

A natural healing therapy treating & rebalancing the whole body, through a pressure massage applied to the feet. Aids the body's natural ability to heal & rebalance. Includes a foot spa & hot towels. 55 Min \$70

Reiki

Reiki is a gentle, holistic "hands on healing" technique which results in a deep sense of relaxation & an overall sense of wellbeing. Rebalancing & calming for body, mind & spirit. Reiki is complimentary to other treatments & therapies. For best results it is recommended to have course of 3 treatments.

55 Min \$65 or 3 sessions for \$180

Ear Candling

Using natural ear candles this relaxing therapy improves hearing, regulates ear pressure, helps with many problems relating to the ears such as swimmers ear, tinnitus etc.

45 Min \$55

WAXING

Eye Brow wax & shape	\$15
Lip or chin	\$11
Lip & brow tidy	\$24
Lip & chin	\$18
Lip, Chin & Brow	\$25
Full Face	\$28
Under Arm	\$16
$\frac{1}{2}$ arm	\$20
Full arm	\$27
Bikini from	\$20
Extended Bikini from	\$24
G-string from	\$29
Brazilian 1st time	\$67
Brazilian maintenance	\$53
Lower $\frac{1}{2}$ leg	\$25
Upper $\frac{1}{2}$ leg	\$28
$\frac{3}{4}$ leg	\$34
Full leg	\$42

School students discount ~10% off waxing prices

Men's Waxing

Back	\$40
Chest	\$38

TINTING

Eye Lash	\$17
Eye Brow	\$12
Lash & Brow tint	\$25
Lash /Brow tint, Brow wax	\$34

EYELASH PERMING

\$45

Pelactiv-BRIGHT TEETH WHITENING

New to Ocean Ridge Beauty is Pelactiv's Teeth Whitening System

Quick, safe & effective teeth whitening system, providing instant results. Just 20 mins in the salon to make your teeth 2 - 8 shades brighter!! This self administer cosmetic treatment uses a patented bleaching mouthpiece, clinically proven whitening gel formula, & an LED light activator. \$170

Recommended home care Pelactiv-BRIGHT Whitening Pen \$49

SPRAY TANNING**Sol Tan OR Natural Tan... spray on tans**

Tan solutions offering an even colour tan & the benefits of added collagen for hydrating & firming the skin. We have 1hr tans, 2 hr tans & 8 hr tans.

Full body tan	\$40..... Pay in advance for 6 sessions	\$200
Half body tan		\$28

Tanning Package

Includes body exfoliation, shower & spray tan. For best results relax & let us do all the work. \$90

MANICURES

Ocean Ridge Beauty proudly uses ZOYA nail polish range for our Pedicures and Manicures. These products are free from harmful chemicals & safe during pregnancy

Mini Manicure

Includes nail & cuticle care, shape & polish \$35

Manicure

Includes soak, nail & cuticle care, shape, buff, lower arm exfoliation, massage hot towels, polish of your choice \$45

Paraffin Manicure

Includes Manicure as above with a warm Paraffin Treatment mask to soften hands and eliminate dry skin \$50

Deluxe Manicure

Pamper your hands with a manicure plus hand and nail mask & hot towels, to leave your hands & arms looking & feeling soft & hydrated. \$55

French polish extra \$ 5. Shellac long lasting Gel/Polish \$20 extra with Manicure or Pedicure

Shellac application only (no manicure or pedicure) *please ensure nails are filed and cuticles pushed back for best results* \$50

Shellac Removal. \$10

PEDICURES - using Adam & Eve Botanical Pedicure System...from the Garden of Eden.

Please ensure all polish is removed prior to your appointment

Mini Pedicure Includes a foot spa, cuticle & nail care, removal of dead skin, & paint. \$50

Spa Pedicure -All pedicures below include Green Tea

As above with extra- relaxing leg & foot massage, aromatherapy oils, & hot towels. \$62

Deluxe Paraffin Spa Pedicure

All of the benefits of a Spa pedicure followed by a warm Paraffin wax treatment to soften feet & eliminate dead, dry skin. \$70

Ultimate Pedi Treat- incorporating a Deluxe Spa Pedi with a Paraffin Treatment finished with a Shellac Polish then dried with the UV lamp for instantly dried toenails. \$90

Spa Pedicure with Reflexology & Reiki

As above with extra Reflexology massage & Reiki ~ to heal & rebalance body, mind, spirit. \$72

MAKE-UP

We use M.A.C Professional Makeup Range

School Ball	\$45
Special Occasion	\$60
Tuition learn how to confidently apply your own make up	\$85
Wedding ..includes consultation	\$65
Trial	\$60

Wedding Package

Especially for the bride ~ the week before the wedding. Let us help you look & feel your best for your special day ~ with an Eye Lash tint, Eye Brow wax or Tint, Mini Facial, Back Neck & Shoulder Massage, Manicure & Spa Pedicure. \$230

PELACTIV SKIN TREATMENTS

Renewal Facial Peels using Pelactiv's Professional skin treatment range. Combining Lactic Acid derived from milk & Australian Native Plant ingredients - producing AHA's to deliver a deep exfoliation and amazing visible results. Suitable for all skin types. Beneficial for mature skins, redness, acne, dehydration, sun damage & pigmentation. We provide a treatment plan specific to your skins needs. Peels are suitable as a single treatment any time. A course of 6 or 12 weekly peels is recommended for deeper results \$55 ea

Rejuvenation Facial Treatment

Want to see visible results from your facial treatment and still experience total pampering and relaxation?? Pelactiv's Rejuvenation Facial Treatment delivers results you can see and feel. Incorporating a deep exfoliation with AHA's & one of Pelactiv's treatment Masks - Collagen Gel, Vita Moist or Purifying to suit your skins requirements. Suitable for all skin types including the most sensitive. Includes face, neck and shoulder massage & hot towels \$85

JURLIQUE FACIAL TREATMENTS

All Facial Treatments include a complementary hand massage with Jurlique hand creams...lavender, rose or citrus. All facials (Except mini facials) include relaxing face, neck & shoulder massage, & hot towels.

Facial special... Add to your Facial Treatment a Lash/Brow Tint and Brow wax for only \$30 extra

Mini Facial

Express facial treatment to target your skins needs 50 Min \$70

Soothing Facial

Rebalance Sensitivity....A gentle & luxurious facial designed to soothe & nurture sensitive & delicate skin 75 Min \$85

Deep Cleanse Facial

Rebalance Oiliness....Detoxifying & clarifying for oily and troubled skins. Leaves the skin with a radiant glow 75 Min \$85

Aromatherapy Facial

For normal/combo skins. To relax, cleanse & rehydrate the skin. Provides holistic benefits essential for radiant healthy skin 75 Min \$85

Intense recovery Facial

Recommended for sun damaged & mature skins. Rich in Jurlique's antioxidants & essential oils, to fight free radicals & leave the skin looking soft, supple & glowing. 75 Min \$85

Ultimate Aromatherapy Facial

The Ultimate Facial experience including double mask & hand & foot massages... for those who never want their facial to end. 105 Min \$120

BODY TREATMENTS

Pelactiv Body Scrub

See and feel the difference with an exfoliation to remove dead dry skin cells from the body - using Pelactiv's body products. First is an application of Pelactiv's Body Scrub combined with Pelactiv AHA For Body Solution, then finished with Pelactiv Body Lotion to leave skin smooth, hydrated & radiant.

30 mins \$60

Pelactiv AHA Back Treatment

This Facial for the back uses Pelactiv Professional Body Treatment products. Your back treatment includes cleansing, a Peel with AHA's to provide a deep exfoliation, Scrub, Hot Towels, Massage, Treatment Mask application & finished with moisturiser. Providing your skin a deep cleansing treatment, to leave it feeling smooth & soft, & looking radiant. 60 mins \$85

Jurlique Citrus Herbal Hot Oil Body Wrap

Be pampered & indulge with a luxurious body wrap. Skin is polished then warm body oil is applied in this Jurlique specialty wrap. Includes scalp massage. 60 Min \$85

Jurlique Remineralising Mud Wrap

Dead Sea Mineral Mud is richest in minerals and works to relieve muscular aches & pains, & improve cell metabolism. It also contributes to regeneration & restoration of skin. Includes scalp massage.

60 Min \$90

Antioxidant & Detoxifying Body Mask

This deep cleansing body mask hydrates your skin with antioxidants leaving you feeling energised & velvety smooth. 60 Min \$90

Jurlique Antioxidant Body Polish

Removes dead skin cells & releases toxins from the body by combining body brushing & exfoliation. Finished with a shower & Jurlique body lotion, to leave your skin velvety soft & radiant.

50 Min \$70

Jurlique Citrus Salt Glow

This invigorating & uplifting treatment is a gentle exfoliation using lemon/lime essential oils with sea salts. Helps with removal of toxins & leaves cells stimulated and glowing.

50 Min \$70

PACKAGES**Healing Package**

Relax & let your body & mind rebalance. Includes an Herbal Tea, Foot Spa, 1/2 hr Reflexology and 1/2 hr Reiki. Feel stress & tension just disappear.

75 Min \$80

Wellness Therapy for Mind Body & Spirit

Take time out to soothe & heal mind, body & spirit. Unwind with a relaxing Epsom Salts Foot Spa & an herbal tea. Followed by a Guided Meditation to quieten the mind. 1/2 hr Reflexology treatment follows to rebalance the body, with 1/2 hr Reiki and Crystal Therapy, for calming the spirit.

85 Min \$90

Beauty Blitz

Enjoy a Mini Facial, Lash Tint, Brow Tint or wax, & Mini Pedicure. For head to toe pampering!

\$125

Pamper Package

Pamper yourself with a Back Massage, Mini Facial, and Mini Pedicure & Mini Manicure

\$190

Relaxation Package

Includes a relaxing Back Massage, Facial, & Spa Pedicure. For total relaxation!

\$195

De-stress and Detox Package

Begin with your choice of Body Wrap to release toxins & Wrap Facial. Followed with a shower, & a relaxing Full Body Massage to totally de-stress.

\$210

Indulgence Package

Indulge for hours with this treatment combining a Jurlique Body Polish, Hot Stone Massage & Facial.

\$240

Cancellations *Please Note: We require 24 hrs notice when cancelling.* If we are unable to rebook the appointment time due to late cancellations & missed appointments we may need to charge a 50% cancellation fee. Thanks for your consideration of our valuable appointment time.

Late arrivals: *Please Note: Late arrival will shorten your appointment time so as to not cut into the following clients time - so please arrive 5 mins before your appointment time. Thanks!!*